

NEWS-SHEET No. 2, 17th April 2020

Madingley Parish Council Notes for Villagers During the Coronavirus Pandemic

As the country enters another three-week period of lock-down, the Parish Council has asked us to circulate its current advice to Villagers and a request for help. We hope that you will find this News-Sheet useful. All information is given in good faith and believed to be correct at the time of going to press.

If you are able to receive any future editions electronically, please send your email address to us at: madingley.newsletter@gmail.com

Roger and Lesley Buckley (01954 211276)

Council meetings

The government has provided legislation this month to allow Parish Council meetings to take place remotely for the time being, providing the public can attend. If you wish to be present remotely at a future meeting please email the Clerk, Sarah Etherington-Meech (clerk@madingleyparishcouncil.org.uk), to provide her with your email address. You will then be sent an invitation and password for the meeting. (This will give you the opportunity to comment during the 'Public Forum' part of the meeting.) The next Parish Council meeting is currently scheduled for 13th May.

We need volunteers to come forward to help the Village during COVID-19

By now we are getting used to our self-isolating routines and finding ways to manage. But we must assume that there will be people in the Village needing our help in the weeks to come. They will include people who are taken ill with COVID-19 themselves and have to self-isolate until recovered, and others who at present are having shopping done for them, or prescriptions collected, by family or friends who may suddenly become unable to help because they have to self-isolate.

For this reason we urgently need a pool of volunteers to draw on to help in an emergency. (This would not include helping with personal care, but assisting with shopping, collecting prescriptions, etc.).

If you are not living with someone who is self-isolating because of their age, or because they have a medical condition which makes them more vulnerable to the illness, or are pregnant, and you are able to join a team of helpers, please contact our Parish Clerk, Sarah Etherington-Meech, who is co-ordinating the effort, either by email (clerk@madingleyparishcouncil.org.uk) or phone (07594 621570).

Medication collection and delivery

Comberton Surgery is in the process of arranging for repeat prescriptions which are free of charge to be delivered one day a week to local villages. When re-ordering, simply ask for your medication to be put in the 'Madingley Village Box'. The box will be collected from the surgery every Wednesday and your prescription delivered to you at home. If you would like to use this service please allow a minimum of three days, but preferably longer, for the pharmacy to make up the prescription.

If you are ill and need help

If you are without a support network and are unable to seek assistance please contact Sarah Etherington-Meech (details above). She will see who is available to help assist you, for example with shopping.

Should you be ill, please be aware of the current NHS advice on self-isolation designed to help stop coronavirus spreading:

https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/

- Do not leave your home if you have symptoms of coronavirus (COVID-19) or live with someone who does.
- Do not leave your home for any reason if you need food or medicine, order them by phone or online, or ask someone else to drop them off at your home.
- Do not have visitors, such as friends and family, in your home.
- You can use your garden, if you have one. Any exercise should be taken at home.

NHS

In case anyone is wanting to volunteer as an NHS Volunteer Responder be aware that recruitment to this scheme was temporarily paused on 29th March to process the initial 750,000 applications. (Check the NHS website for further information.) https://www.england.nhs.uk/participation/get-involved/volunteering/nhs-volunteer-responders/

NHS Volunteer Responders is a new group that will carry out simple, non-medical tasks to support people in England who have been asked to shield themselves from coronavirus because of underlying health conditions. They will be used by healthcare professionals to make sure people who are highly vulnerable to coronavirus (COVID-19) are able to stay safe and well at home.

Who can join and what are the tasks?

Tasks include driving people to and from hospital and delivering food and medication. Volunteers will also support the NHS to transport equipment and supplies and make regular phone calls to check on people isolating at home.

Volunteers need to fulfil ALL of the conditions below:

- you are well and have no symptoms like a cough or high temperature and neither does anybody in your household
- you are under 70
- · you are not pregnant
- you do not have any long-term health conditions that make you vulnerable to coronavirus.

SUPERMARKET NEWS

Unfortunately it still seems to be impossible for over 70s who weren't already registered with on-line shopping before COVID-19 to access the home delivery service. Most of the main supermarkets are offering priority times for elderly/vulnerable shoppers and NHS staff. When possible we are encouraged to have only one adult per household shopping at any one time to help reduce congestion and speed up entry into the shops.

Sainsbury's:

https://www.sainsburys.co.uk/webapp/wcs/stores/servlet/gb/groceries/working-to-feed-the-nation-/latest-information--?

Every Monday, Wednesday and Friday, all supermarkets will dedicate 8.00am–9.00am to serving elderly customers, disabled customers and their carers.

NHS and social care workers will be able to shop for half an hour before the supermarkets open, from Monday to Saturday. Anyone with NHS ID will be able to shop from 7.30am—8.00am on these days.

Waitrose:

https://www.waitrose.com/ecom/help-information/customer-service/coronavirus

The first opening hour in our supermarkets will be dedicated to our elderly and vulnerable shoppers, and those who look after them.

Tesco:

https://www.tesco.com/help/covid-19/

All our stores (except Express stores) will be prioritising the elderly and most vulnerable for one hour between 9.00am–10.00am every Monday, Wednesday and Friday. NHS staff priority time: Tuesday and Thursday 9.00am–10.00am.

If you need to get in touch with one of the Parish Councillors, our emails are:

Charles Crichton-Stuart: chair@madingleyparishcouncil.org.uk Fiona Naughton: cllr.naughton@madingleyparishcouncil.org.uk

Joan Stevenson-Hinde: cllr.stevenson-hinde@madingleyparishcouncil.org.uk

FROM OUR DISTRICT COUNCILLOR, DOUGLAS DE LACEY

Fly Tipping

As the recycling centre at Milton is closed please store material you would have taken there until the restrictions are lifted. Sadly, we anticipate an increase in fly tipping; please report any you see directly to me or (preferably) on-line at:

<scambs-framwork.egovhub.net/ENVIROCRIMEREPORTINGFORM/launch> or <tinyurl.com/sarudvj>.

Scams

Sadly, we have already seen criminals take advantage of the current situation. Please note that valid agencies will *never* door-knock or cold-call you. Any purported vaccines, cures, or preventatives for COVID-19 are sham; if any is discovered it will be global headline news.

One ongoing scam is people offering to clear your rubbish for you. Please remember it remains your responsibility to see that it is properly disposed: if it is fly-tipped it is you, not they, who will be fined.

Dr de Lacey's full report will appear in the June edition of *Madingley News*.

CLOSURES AND CANCELLATIONS

The **Village Hall** is closed until further notice. The following events will not take place:

- Saturday 2nd May: Dawn Chorus Walk
- Saturday 9th May: Village Big Breakfast

The Village Playground is closed until further notice.

Services at the **Parish Church of St Mary Magdalene**, Madingley, have been discontinued. The Church will be closed and locked and all baptisms and weddings are postponed. Funerals can still go ahead but within strict limits with only the closest family in attendance and essential physical distancing measures in place. Sue Baldwin writes:

'Very sadly the Parish Church is temporarily closed but this has not stopped the congregation from continuing to pray together. Every week Christine Barrow and Susan Rawlings produce a service sheet for the forthcoming Sunday – it is a way of the congregation of St Mary Magdalene keeping in touch with one another, and the wider world, through prayer and shared worship. If possible, we each say this service in our own home on Sunday at our usual time of 10.30 am on Sunday. If you would like to receive a weekly copy of the service sheet please contact: secretary@madingleychurch.org.'

Madingley Hall is closed until further notice. The 'forthcoming events' listed in the March edition of *Madingley News* will not take place.

The Hall is currently being used to house key health workers who are having to stay away from their families. The agreement is that they can exercise in the Hall grounds including the west (Hall) side of the lake, rather than around the Village. Villagers can continue to walk on the east (High Street) side of the lake, and along the path leading to the end of the lake, but should not cross the little bridge into the grounds.

Park & Ride

As a result of the COVID-19 pandemic, four of Cambridge's Park & Ride services have been suspended until further notice, including Madingley, Trumpington, Newmarket Road and Milton.

Green Bin Collection

South Cambridgeshire District Council has suspended Green Bin Collection until an unspecified date in May. For this period, food waste should be placed in the **Black Bin**. (A tip for food waste: keep it in a sealed container in the freezer until the day of the black bin collection.) If you or anyone in the household are experiencing coronavirus symptoms, food and personal waste (e.g. used tissues) should be double-bagged and left in a secure place for 72 hours before being put into the black bin. For further advice see: https://www.scambs.gov.uk/green-bin-collections-suspended/

The A14 upgrade works

On 7th April, South Cambridgeshire District Council (@SouthCambs) tweeted: 'With the end of the @A14C2H upgrade in sight, we are asking residents to complete this short survey about the work:

https://twitter.com/SouthCambs/status/1247432342731403265

You do not have to be a Twitter user to access and complete this survey, which gives you an opportunity to have your say on how the A14 upgrade has affected your daily life.

A KIND OFFER FROM A VILLAGER

Jane Neville writes:

'If you are exercising by walking through the Village I would be pleased to offer you the opportunity to extend your walk around my garden at Madingley House in Dry Drayton Road. There are still a lot of daffodils and narcissi and the cowslips are pushing up in the meadow. The orchard should soon be in blossom.

'To gain access please press the call button at the gate which will come to my mobile phone, and I will open the gate (if no response, please call 07770 625244). Suggested times between 11.00am-6.00pm on any day.'

FOOD AND DRINK FOR DELIVERY

Received from Cambscuisine and Smokeworks of The Three Horseshoes:

As you know we use top quality local suppliers. Restaurants and Pubs have grabbed the media attention but our suppliers are suffering just as badly. Many have reacted with alacrity and are now delivering direct to homes. Please help them during this tough period and better still, furnish your fridge, larder and cupboard with brilliant products and produce. Mention your local Cambscuisine Pub or Restaurant and you'll be given a discount (varies between supplier). We have Fresh Fruit & Veg, Meat, Fish, Beer and Wine available from our suppliers, willing to deliver directly to your door!

Fisher and Woods

'Suppliers of Fine Fresh Produce'

For fresh fruit & veg, also some dairy, Fisher & Woods are taking orders by email, sales@fisherandwoods.co.uk or telephone 08442 092666. They don't yet have a website set up for it. Cambscuisine customers get delivery free – don't forget to mention your local Cambscuisine restaurant for it to apply.

Stilton Butchers

'Premium quality at a great price since 1978'

They will deliver to your door, so no need to go out to get your meat. They run a fully clinical home delivery service where each order is safely packed and labelled surrounded by dry ice to keep it below temperature. This is then placed in a food safety polystyrene box which is inside a waxed waterproof cardboard box, and delivered safely to your door ready for your fridge.

You can find their selection for National home delivery at www.stiltonbutchers.co.uk (telephone 01733 866551) and please use our Cambscuisine discount code **CC2020** to get 10% discount!

Marrfish

'Caught & Delivered'

Marrfish has been dealing with us for the past nine years, and during that time running many training classes for the front of house teams on sustainability so they are able to answer your questions at the table. Today they are compelled to diversify so that they can help keep families safe in this time by providing the best fish money can buy at an affordable price

direct from source. All you have to do is visit the website at http://www.marrfish.co.uk and choose the HOME DELIVERY tab, or telephone 01279 501051. Your order will then be delivered directly to your front door. Even if you can't get out, they guarantee to deliver.

Brewboard

Missing a lovely cold pint of Smökevurks in one of our pubs or restaurants at the moment? If so, then why not get some delivered to your door in cans while stocks last. For those not in the know, Smökevurks is a supremely-refreshing 4.0% pale ale with a wonderfully bold bitterness and zesty hop aroma that we made with our friends at BrewBoard (https://www.brewboard.co.uk) and as a special offer, they are delivering cases of 24 x large 440ml cans at a significantly reduced price of £60. That's £2.50 a can for an absolutely premium product, and these local craft beer champions are happy to deliver straight to your door (with the current mandatory and stringent safety precautions in place), absolutely free! In order to take up this very limited offer of reduced beer with free delivery, you need to get in touch via sales@brewboard.co.uk or telephone 01223 872131, mentioning the Cambscuisine establishment you mostly drink it in, and if you've never drunk it before, just mention Cambscuisine!

Cambridge Wine Merchants

Ten years ago, Cambscuisine, Cambridge Wine Merchants and Domaine Gayda started to work together. It has been a tremendous journey that has seen great development for each business along the way, each going forward from strength to strength whilst always appreciating how we complement each other. A year ago, we took the plunge to develop a red and a white wine with our own label: 'The Duke' Sauvignon Blanc and 'Le Grand Travers' Syrah were born. Each wine normally retails at £12.99 at Cambridge Wine Merchants, but we thought the offer of a six-pack of either wine priced at £55.00 (a saving of £22.94) including FREE local delivery might be welcome at this time. (All prices quoted include duty and VAT.) Website: https://www.cambridgewine.com/store/ or telephone 01223 214553.

Hardwick Village Shop

Sarah Etherington-Meech, Clerk to the Parish Council, writes:

'It maybe of interest to you to know that I have contacted the **Hardwick Village Shop** (Nisa Local) and they have advised me that they are able to provide grocery deliveries to Madingley and can take order via telephone on 01954 210437.

'Another local company that originally supplied to the trade such as restaurants, but is now providing to households is:

Kale & Damson, (fruit, vegetables, salads and herbs, bakery, cheese and charcuteries), based in Papworth Everard; their website is at https://www.kaleanddamson.co.uk/ and their telephone number is 01233 632111.'

Abel & Cole

A new home delivery service called *Food On The Table* has been launched by Abel & Cole and new customers are invited to place an order.

The company is diverting food that would normally be purchased by restaurants into people's homes, with the chance to subscribe to a weekly delivery of a fresh fruit and vegetables box (£18) and a box of pantry staples (£20), plus a delivery charge of £1.50 to Madingley. Call 03452 626266 to order (Monday-Saturday 9.00am-7.00pm). Delivery instructions can be given at the time of ordering, including leaving the box in a safe place outside your home should you be self-isolating.

Huntsham Court Farm, Ross-on-Wye, Herefordshire

Charles Crichton-Stuart, Chairman of the Parish Council, writes:

'In case you or anyone you know are having issues getting meat (and sausages) then I would highly recommend having a chat to Richard Vaughan at Huntsham Court Farm: https://www.huntsham.com (telephone 01600 890296). Although usually a specialty meat supplier to Michelin-starred restaurants he has always been happy to send out orders to domestic addresses. Everything is butchered to the size you want, packed and then delivered chilled to your door. Also take a look at:

'Direct Seafoods Colchester (https://www.directseafoodscolchester.co.uk). Email: sales@directseafoodscolchester.co.uk or telephone: 01206 752075.'

FROM THE REV'D CHRISTINE BARROW

Easter 2020

This has been an Easter like no other that anyone has experienced in living memory and is quite possibly unique in the history of the world. This year, those who would normally have gathered in churches throughout the land have had to huddle over their laptops at home, or sit on their sofas in front of the TV, to watch services being broadcast by one lonely priest, who might, if his technological skills were up to it, bring in some other contributors who were scattered across his parish. All very different from the usual crowded celebrations, enhanced by the sense of sharing our overwhelming joy with other members of our community.

Yet we may have been experiencing something more akin to what happened that first Easter Day. The disciples were all hiding from the authorities, supporting each other in their fear and confusion over what had just happened. Jesus was now someone they referred to in the past tense; he was dead; he had gone from their lives. Or so they thought. When the truth began to dawn on them as Easter Day broke, they were given a clear set of instructions. "Go home to Galilee." So it was on their home ground, not in the holy city of Jerusalem, that Jesus met with them for the next period of time explaining the momentous happenings of the recent past, and revealing how their lives in the future would be changed beyond imagining.

We too are struggling to come to terms with having had our previous manner of life turned upside down. And like those disciples, it is in our own homes that we are coming face to face with some surprising and life-changing realities. Prevented from straying far afield, we are recognising what is most important to us, and where our priorities lie. The strong sense of community, of concern for those who are struggling, of watching out to see if elderly neighbours are safe, has brought to the surface a shared sense of responsibility and care which was present before, but maybe less obvious. Workers who occupy some of the less well-paid jobs have been shown to be essential to our wellbeing, and their value recognised, maybe for the first time.

In the future there will be those who, unfortunately, will remember this time as a time of grief and distress and we cannot ignore that. But there will also be good things to come out of it which we will do well to recognise, grasp and determine not to lose sight of, as we move into the post-pandemic world. If nothing else, this current situation has presented us with a golden opportunity to reflect on what we believe to be important. The next step is to work out how to ensure that those priorities are retained and acted upon. What we have learnt in the recent past and the present must influence our lives for the better in the future.

And while we are looking to the future, there is some very good news for both the villages of Girton and Madingley. That is the announcement that the Rev'd Michael Biggs has been appointed as the new Rector of Girton, and of Madingley. The only fly in the ointment is that the present situation which prevents large public gatherings, and indeed, people moving house, means that he will not be with us until the early Autumn. More details will be revealed in the next edition of *Madingley News*.

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